

If you have a salad for lunch and an apple after dinner, you might think you're eating a healthy diet. Or maybe you're one who eats a burger and fries with ketchup and

believes you've met your daily nutritional requirements for fruit, vegetables and protein.

The fact is, most of us today don't get the fiber or nutrients we need from our diet. Our food industry has learned to give us what we've asked for - and what sells best - the three things our taste buds crave the most: fats, sweets and salt. Moreover, modern food processing methods and the depletion of our soils has destroyed much of the nutrient value in our foods. Our bodies are starving for critical nutritional elements; the result is that heart disease, cancer and diabetes are epidemic. We've come to expect that we will eventually die from either a diseased heart or cancer. We forget that there was a time when these diseases were rare; that in some cultures today, they still are.

Current research shows that over half of these deaths are preventable. That bears repeating: Half of the people who are going to die from cancer or heart disease can avoid succumbing to that fate by making the necessary diet and *lifestyle changes.* Up to now, the problem has been that the hectic, fast-paced lives we lead made such changes arduous. Many of us believe we should be taking supplements but we're baffled by the vast array available in our health food stores. Not only are we not educated about our nutritional needs, neither are most of our doctors. Moreover, our needs differ, depending upon our lifestyle, medical condition, gender. age. the environmental conditions to which we are exposed and the genetic make-up of our parents.

An answer is to be found in nutraceuticals, a new category in the fields of alternative and preventive health care that has emerged over the last decade. Rexall, a major force in pharmaceuticals since 1903, has combined forces with Royal Numico, the largest nutritional company in the world to form the nutritional powerhouse, Unicity. Combining their two centuries of expertise, Unicity offers a solution to our problem, bringing to market simple and synergistic formulations with safe, natural ingredients based on sound science. Heart disease, cancer and diabetes are the leading causes of premature death in America today. This is why we are witnessing a change toward wellness medicine and seeking ways to prevent illness. Rexall's nutraceuticals are gender and lifestyle driven and target the diseases and habits that are stealing our health and our lives.

Lower Your Risk of Heart Disease

Rx for Life™ Daily Basics includes a month's supply of **Bios Life 2®** nutrient drink packets, **Nature Force®** antioxidant phyto-nutrient tablets and **Optimal Performance™**, to enhance energy. This safe, natural, palatable formulation, developed at Stanford University., is comprised of a patented matrix of 5 fibers and calcium

carbonate producing a product 9 times more effective at helping to maintain healthy cholesterol levels than common, single fibers. In clinical studies, Bios Life 2® has been proven highly successful in reducing serum cholesterol without adverse side effects. Bios Life 2® also contains



"ChromeMate®", a highly bio-available and patented form of niacin-bound chromium shown to improve blood sugar stabilization, another factor in reducing heart disease.

Lose Weight and Look Great

This revolutionary weight-loss system includes six of the most powerful products available, organized into convenient AM, Noon, and PM packets. EnRich & Thin[™] Burn activates the natural fat-burning process, helps



control appetite, and promotes strong, healthy metabolism. **EnRich & Thin™ Build** contains 100 percent or more of the RDA for 11 essential vitamins for metabolism and free radical protection, **ChitoRich®** binds more than several times its weight in dietary fat, supports a healthy

circulatory system, and helps the body maintain normal function of digestion and elimination. **EqualEAN**TM helps reduce the uptake of dietary carbohydrates and supports healthy blood sugar metabolism.

Fight Cancer

TLC (Total Life Care) is a gender specific, convenient daily foil packet containing patented Calcium D-glucarate.

Discovered at the MD Anderson Cancer Center, this compound has been shown to reduce and eliminate breast, lung and other common cancers. Each foil packet also contains newly discovered heart health supplements, urinary tract health supplements and a daily multivitamin.



* Review the reverse sheet for a sample of some of the health challenges addressed by our extensive product line, including Dr. Lonky's and Dr. Murphy's recommended product solutions. Please refer to the Unicity Product Catalog for a complete listing of our products.

Health Challenges - Product Solutions

Susan Ehrlich, M.S.; Stewart Lonky, M.D.; and Franklin Murphy, M.D.

Everyone should take these basic products every day.

Men Total Life Care for Men Rx for Life Daily Basics[®] Women Total Life Care for Women Rx for Life Daily Basics[®]

If you have a personal health challenge or family history of health problems, consult the *Health and Wellness Guide* below to add an additional layer of protection to your daily supplement regimen.

Health and Wellness

Acid Indigestion Allergies Anti-Aging

Arthritis Asthma

Breast Health Cancer Prevention

Children's Health

Constipation and Cleansing Fatigue

Gas and Bloating Gum Health &Teeth Heart Health Cholesterol Hypertension Circulation Heart Failure

Insomnia Immune System

Macular Degenration Meal Replacement

Mental Function Memory Mental Focus Mood Intern•Ol[®] Defend•Ol[®] EnJuvenate™ Dr. Berman's Retinol Serum Dr. Berman's Eve Mask Dr. Berman's Aboriginal Gold™ Dr. Berman's Mineral Mask Dr. Berman's RxA3 Creme C.M. Plex[™] Defend•Ol[®] **OsteoBasics Companion Pack** Women's Formula Plus Men's/Women's Formula Plus Total Life Care™ Meta•Essent•Ol® Children's Essentials Nature's Tea® MultiFiber TLC Optimal Performance[™] Herbal Voltage[™] EnJuvenate™ Enzygen Orarex® Rx for Life Cellular Essentials® Bios Life 2[®] Nutrient fiber drink Rx for Life Cellular Essentials® Vascular Complete[™] Cardio Essentials[®] **Essential Fish Oil** Calmplex 2000[®] Immunizen[®] Liver Essentials[™] VISUtein Meal Replacement Drink **ProPortion Bars** CognoBlend™ Clear Thoughts[™] Calmplex 2000®

Balance Blend

Migraines Menopause

Muscular Pain Osteoporosis Parasites PMS Prostate Health Sexual Enhancement Smoking Cessation Sore Throat Stress Varicose Veins Vision Health Weight Control Defend•Ol[®] (eliminate toxins) MenoBasics Companion Pack Wild Yam Cream **Red Clover Plus Extract Traumex**® **Osteo Essentials** Paraway Pack[™] **PMS Balance** Men's Formula Plus LoveRx™ Smokease[®] Reliev•Ol[®] Lozenges Calmplex 2000[®] Vascular Complete™ VISUtein BodySynergy[™] Anti-Craving BodySynergy™ Meal Replacement EnRich & Thin[™] System EnRich & Thin[™] Burn Bios Life 2[®] nutrient fiber drink

Sports Nutrition and Fitness

Power Charge Your Workout Build Your Muscle Strength Hydrate During Training Accelerate Muscle Recovery Mentally Focus For Training The Ultimate Protein Drink Turn Your Bath Into A Spa Carb Explosion! Creatine Now! LowOz[™] MyoCap P.M.[™] Power Generation[™] Quad-Plex[™] Vapor Bath

Beauty and Aesthetics

Cleanse, Tone & Moisturize Soothe & Heal Your Skin Give Yourself A Face Lift! Pamper Your Senses Safeguard Natural Beauty Get the Wrinkles Out Soothe Puffy Eyes Deep Skin Exfoliant E International[™] Facial Skin Care Dr. Berman's Aboriginal Gold Dr. Berman's Mineral Mask Aromatherapy Spa Kit (Lavender) E International Sun Protection Kit Dr. Berman's Retinol Serum Dr. Berman's Eye Mask Dr. Berman's RxA3 Cream

Due to individual body chemistry, results vary. No guarantees, expressed or implied, are made and the various potential benefits to be derived from using these products are not meant as guarantees. Please consult your health care provider before beginning any diet or supplementation program or regarding medical symptoms. Compliance is essential to obtain optimum results. Please direct questions to your ClearLife representative at 1-888-757-7533. PRODUCTS CARRY A 30-DAY, MONEY-BACK GUARANTEE.